

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options may include:

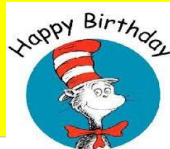
PB&J Uncrustable with String Cheese

Grilled Cheese Sandwich

Garden Salad w/ A Dinner Roll

Grilled Chicken Salad w/ Dinner Roll

Turkey & Cheese Wrap



Dr. Seuss



Lunch Prices
Student \$2.85
Reduced \$.40
Adult \$4.05

General Manager
Michelle Stahlman



Phone Number

856-540-6200 x. 7225

Email

ma1024@metzcorp.com

USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>1. Cheese Pizaa</p> <p>or</p> <p>2. Loaded Pierogies</p> <p>Featured Veggies: Sauteed Spinach Cucumber Slices Choice of Fruit Choice of Milk</p>
<p>4</p> <p>1. Cheese Burger On a Bun or 2. Oriental Chicken Over Rice</p> <p>Featured Veggies: Steamed Broccoli Cucumber Slices Choice of Fruit Choice of Milk</p>	<p>5</p> <p>1. Toasted Ham Cheese Sandwich or 2. Beef Tacos On a Soft Tortilla</p> <p>Featured Veggies: Refried Beans Green Peas Choice of Fruit Choice of Milk</p>	<p>6</p> <p>1. Egg, Sausage & Cheese On a Croissant or 2. Chicken Nuggets with a Dinner Roll</p> <p>Featured Veggies: Tater Tots Carrot Sticks Choice of Fruit Choice of Milk</p>	<p>7</p> <p>1. Chicken Patty On a Roll or 2. Chicken Alfredo Over Penne Garlic Bread</p> <p>Featured Veggies: Sweet Peas Tomato & Onion Salad Choice of Fruit Choice of Milk</p>	<p>8</p> <p>1. Mini Corn Dogs</p> <p>or</p> <p>2. Italian Dunkers with Sauce</p> <p>Featured Veggies: Potato Wedges Side Salad Choice of Fruit Choice of Milk</p>
<p>11</p> <p>1. Hot Ham & Cheese On a Pretzel Roll or 2. BBQ Chicken & Cheese On a Roll</p> <p>Featured Veggies: Tomato Soup Celery Sticks Choice of Fruit Choice of Milk</p>	<p>12</p> <p>1. Beef & Cheese Burrito Over Rice or 2. Turkey & Cheese Melt On a Croissant</p> <p>Featured Veggies: Roasted Corn Cherry Tomatoes Choice of Fruit Choice of Milk</p>	<p>13</p> <p>1. Cowboy Burger On a Bun or 2. Hot Dog On a Roll</p> <p>Featured Veggies: Baked Beans Carrot Sticks Choice of Fruit Choice of Milk</p>	<p>14</p> <p>1. Penne Pasta & Meatsauce Garlic Bread or 2. Chicken Fajita On a Soft Tortilla</p> <p>Featured Veggies: Green Beans Cucumber Salad Choice of Fruit Choice of Milk</p>	<p>15</p> <p>PRESIDENT'S DAY WEEKEND</p>  <p>NO SCHOOL</p>
<p>18</p> <p>PRESIDENT'S DAY WEEKEND</p>  <p>NO SCHOOL</p>	<p>19</p> <p>1. Stuffed Crust Pizza</p> <p>or</p> <p>2. Hot Dog On a Roll</p> <p>Featured Veggies: Baked Beans Celery Sticks Choice of Fruit Choice of Milk</p>	<p>20</p> <p>1. Hot Turkey Sandwich</p> <p>or</p> <p>2. Cheeseburger on a Bun</p> <p>Featured Veggies: Peas Baby Carrots Choice of Fruit Choice of Milk</p>	<p>21</p> <p>1. Macaroni & Cheese Garlic Bread or 2. Buffalo Chicken Wrap</p> <p>Featured Veggies: Sesaoned Carrots Caesar Salad Choice of Fruit Choice of Milk</p>	<p>22</p> <p>1. Pepperoni Pizza</p> <p>or</p> <p>2. Walking Cheese Steak Funyons</p> <p>Featured Veggies: French Fries Cucumber Choice of Fruit Choice of Milk</p>
<p>25</p> <p>1. Hot Dog On a Bun or 2. Chicken Fajita On a Soft Tortilla</p> <p>Featured Veggies: Baked Beans Cucumber Slices Choice of Fruit Choice of Milk</p>	<p>26</p> <p>1. Walking Taco Dinner Roll or 2. Chicken Patty On a Bun</p> <p>Featured Veggies: Refried Beans Sweet Pea Salad Choice of Fruit Choice of Milk</p>	<p>27</p> <p>1. Cheese Steak On a Pretzel Roll or 2. Chicken Nuggets with a Dinner Roll</p> <p>Featured Veggies: Green Beans Carrot Sticks Choice of Fruit Choice of Milk</p>	<p>28</p> <p>1. Beef Chili w/ Beans Corn Chips or 2. Funnel Cake & Sausage</p> <p>Featured Veggies: Oven Fries Chick Pea Salad Choice of Fruit Choice of Milk</p>	<p>1</p> <p>1. Mini Corn Dogs</p> <p>or</p> <p>2. Pepperoni Pizza</p> <p>Featured Veggies: Carrot Coins Side Salad Choice of Fruit Choice of Milk</p>