

## POLICY & PROCEDURE FOR ADMINISTERING DIASTAT AND OXYGEN

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Purpose: Revision of our nursing guidelines for nursing personal (RN, LPN) for the care of students with seizure disorders. The nursing guidelines (Board Approved) in conjunction with the Nurse Practice Act are to be used when the school nurse is not available.

### Policy

#### I. Seizure Management

1. Provide a safe environment and maintain a patent airway.
2. Provide the student with privacy.
3. Position student on his side.
4. Time seizures
  - a. Three minutes or greater administer Diastat as prescribed and directed by the physician and call 911.

#### Procedure \*\*\*Parents called

1. Remove protective cover from syringe.
2. Lubricate rectal tip with lubricating jelly.
3. Turn student on his/her side if not already positioned.
4. Expose and separate buttocks
5. Gently insert syringe tip into the rectum
6. Slowly push plunger of syringe in releasing the medication.
7. Remove syringe and hold buttocks together and count to three slowly.
8. Maintain side positioning.
5. Document time, dosage and response.
6. Continue to monitor the status of the student as well as vital signs.
7. Notify school nurse and principal.
8. Verbal report of incident given to School Nurse.

#### II. Administration of Oxygen

##### A. Use

1. Shortness of breath and color changes associated such as; cyanosis, ashen, mottled, etc.

B. Method

1. Nasal cannula                      4-6 l/min
2. O<sub>2</sub> mask                              10 l/min
3. O<sub>2</sub> non-rebreather mask      10+ l/min

C. Procedure    \*\*\*Parents are notified

1. Crack cylinder open and check oxygen pressure. Full tank is 2000psi.
2. Attach desired tubing to oxygen tank.
3. Turn dial on side to the desired liter flow.
4. Place oxygen mask/cannula on face
5. Monitor respiratory status.
6. Document type of mask, liter flow and response.
7. If student continues to have respiratory difficulty call 911.
8. Notify school nurse and principal.